TRU-Virtual First

TRU HEALTH GROUP

Unlocking Convenience: **Swift & easy access** to virtual primary care, urgent care, and prescription coverage, **in the right place, at the right time, your way!**

WHAT'S INCLUDED

- 24/7 Telehealth $0
- In-Person Urgent Care Visits. $0
- Virtual Primary Care (Dedicated Physician). $0
- Virtual Mental Health. $0
- 800+ Commonly Prescribed Medications. $0
- Unlimited Quest Labs $0
- Virtual Specialist Care. $0
- Dental, Vision & Chiropractic . . . . . Discounted
- Active Lifestyle Perks . . . . . Discounted
- Discount Marketplace Savings. . . . . Discounted

Member Only. $60

Member + Spouse $80

Member + Child. $90

Member + Family $100

Contact Us: (888) 413-8004

WHAT YOU GET

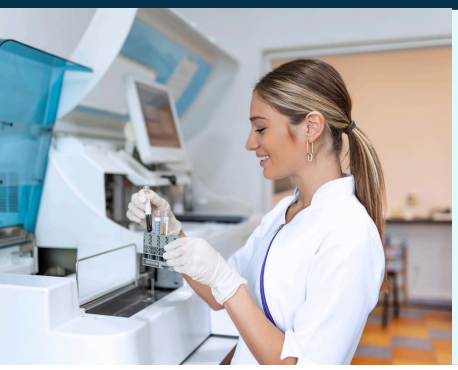
One-Stop Shop

Connect with your physicians and access services with one click in the TRU-Mobile app.

Comprehensive Guidance

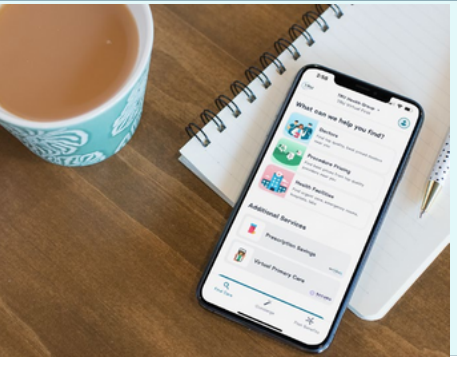
- Dedicated Physician
- Risk Assessments
- Lab Screening
- Chronic Condition Care Teams

Nationwide Lab Tests[3]



$0 fee on most basic lab services through Quest Labs with no annual cap for use, including a complete metabolic panel, complete blood count, and a lipid panel.

Health Navigation



Search providers in your area with transparent pricing to help make informed decisions. Our experts can help choose the right provider for your needs, set appointments, help transfer medical records and more.

AVAILABLE FOR YOU

TRU-Urgent Care - In-Person AND Virtual[1]

Find immediate care for:

- **Cold & Flu**
- **Cough**
- **COVID-19**
- **Sinus Infections**
- **Skin Rashes**
- **Asthma & Allergies**
- **Urinary Tract Infections**
- **Headaches & Migraines**

TRU-Virtual Primary Care[2]

Access consistent virtual primary care for:

- **Annual Physicals**
- **Preventive Visits**
- **Diet & Nutrition**
- **Chronic Conditions**
- **Specialist Referrals**
- **Prescription Management**
- **Lab & Screening Referrals**
- **Men's and Women's Health**

TRU-Virtual Mental Health[2]

Get professional help with:

- **Anxiety & Depression**
- **Stress**
- **Trauma & Loss**
- **PTSD**
- **Bipolar Disorder**
- **Relationship Issues**
- **Mental Health Screenings**
- **Grief Counseling**

TRU-Virtual Specialist Care

Meet with 5,100+ highly trained specialists from 50+ leading hospitals.

- **Cancer**
- **Autoimmune Disorders**
- **Neurological Disorders**
- **Spine/Back Conditions**
- **Heart Disease**
- **Alzheimer's & Dementia**
- **Consultation-Liaison Psychiatry**

THIS BENEFIT IS NOT INSURANCE OF ANY KIND. PLEASE SEE THE IMPORTANT DISCLAIMERS AND NOTICES AT THE END OF THIS BROCHURE. PRICING DOES NOT INCLUDE A ONE-TIME $20 ENROLLMENT FEE.

Pharmacy

MY TRU Rx PHARMACY PROGRAM

Free Prescriptions for Everyone!

Through TRU-Rx, you have access to the most common generic medications for FREE![4]

- **Top 125+ Most Used Acute Medications!**
  - Don't wait to feel better. Pick up your prescription at a local pharmacy. Get up to a 21-day supply of the most commonly prescribed acute meds for a cold, the flu, infections, for **FREE!**
- **Top 90% Utilized Chronic Medications! Home Delivery Maintenance Medications for Chronic Conditions!**
  - Maintenance medications prescribed for chronic, long-term conditions like high blood pressure, high cholesterol, diabetes, etc., are taken regularly, and often come with a high-cost. With TRU-Rx, you have access to chronic meds for **FREE!**
- **Lower Prices Than Pharmacies and Major Retailers**
  - Through our relationships and buying power, TRU-Rx offers common generic OTC medications, like ibuprofen (Advil), Acetaminophen (Tylenol), Fexofenadine (Allegra), Diphenhydramine (Benadryl) and others at a fraction of the price.
- **SaveOn Diabetes**
  - TRU-Rx's SaveOn Diabetes Program offers diabetic patients a FREE meter, low-cost testing strips, lancets and more.
- **Pharmacy Coaching**
  - My TRU-Rx is looking out for you. Our experienced team of customer service agents and licensed pharmacists provide the highest level of care when members need it most. Through Pharmacy Coaching, we educate members on possible medication options and opportunities to save additional money when available. We will consult with you and your doctor to inform you of the alternatives and help make the best decision for your personal and financial help.

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TRU-Discount Marketplace

Savings of up to $4,900 per year with great deals across travel, tickets, electronics & many more categories! TRU-Discount Marketplace negotiates the best discounts on the market for you, and many of the offers include additional cash back to make it the best overall value to you. Not only saving you money, but time and hassle, too.

Discount - Dental[5]

Save 20% to 50% on most dental procedures including routine oral exams, unlimited cleanings and major work, with one of the most recognized professional networks.
Save 20% on orthodontics, including braces and retainers for children and adults.

Discount - Vision[5]

Members of the Superior Vision discount program are eligible for discounts on eyewear at more than 40,000 participating provider locations. Superior Vision members can save 5% to 30% off the retail price of eye exams, eye glasses, contact lenses, and LASIK from participating providers.

Discount- Gym and Chiropractic[5]

Save 25% on services from specialty healthcare providers and access over 16,000 participating fitness centers for as low as $25 a month each. With additional discounts on chiropractic and other health services, achieving your wellness goals has never been more affordable.

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This is NOT insurance. This is not Minimum Essential Coverage. This is a noninsurance program sold as a subscription service. This subscription does not provide reimbursement for any medical expenses.
PRICING DOES NOT INCLUDE A ONE-TIME $20 ENROLLMENT FEE.

Offered by TRU Health Group or its affiliates.
Rx services provided by America's Pharmacy Source.

1. This program will pay a maximum of $150 per clinic visit and any balance shall be the responsibility of the member.

2. Virtual Primary Care & Tele Counseling- The Virtual Primary Care and Tele Counseling program does not guarantee that a prescription will be written. The Virtual Primary Care and Tele Counseling program does not prescribe DEA controlled substances, lifestyle drugs and certain other drugs which may be harmful because of their potential for abuse. The Virtual Primary Care and Tele counseling program physicians reserve the right to deny care for potential misuse of services. The Virtual Primary Care and Tele Counseling program operates in all states and is subject to state regulations. For full federal and state notices and disclaimers, please visit https://careclix.com/terms-and-conditions/

3. Quest® is the brand name used for services offered by Quest Diagnostics Incorporated and its affiliated companies. Quest Diagnostics Incorporated and certain affiliates are CLIA certified laboratories that provide HIPAA covered services.
Other affiliates operated under the Quest® brand, such as Quest Consumer Inc., do not provide HIPAA covered services.Quest, Quest Diagnostics, the associated logo, Nichols Institute and all associated Quest Diagnostics marks are the registered trademarks of Quest Diagnostics. All third party marks — ® and ™ — are the property of their respective owners.
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4. **Rx services provided by America's Pharmacy Source.** For full federal and state notices and disclaimers, please visit https://americaspharmacysource.com/terms-and-conditions/

5. **THIS PLAN IS NOT INSURANCE and is not intended to replace health insurance**. This plan does not meet the minimum creditable coverage requirements under M.G.L. c.111M and 956 CMR 5.00. This plan is not a Qualified Health Plan under the Affordable Care Act. These discounts are available at no cost. The range of discounts will vary depending on the type of provider and service. The plan does not pay providers directly. Plan members must pay for all services but will receive a discount from participating providers. The list of participating providers is at www.tru-healthgroup.solutionssimplified.com A written list of participating providers is available upon request. Discount Plan Organization and administrator: Careington International Corporation, 7400 Gaylord Parkway, Frisco, TX 75034; phone 800-441-0380.
This plan is not available in Washington.

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