TRU-DPC Membership

Elevated Care, Affordable Price

One bill, FIVE memberships: Streamlining your health and wellness has never been easier!

Designed to meet your unique needs, this membership empowers you to put your health first while unlocking savings along the way.

A 5-IN-1 HEALTHCARE SOLUTION

IN-PERSON PRIMARY CARE

Unlimited in-office visits with board-certified physicians for $10 per DPC visit and $0 for virtual physician visits.[1]

IN-PERSON URGENT CARE

Find immediate and unlimited in-person care for the flu, COVID-19, and more for $25 per visit.

RX MEMBERSHIP

Easily pay for your medications online and enjoy $0 copays for generic medications.

HEALTHSHARE MEMBERSHIP

Take a new approach to healthcare with lowers costs and no provider restrictions.

LIFESTYLE AND HEALTH DISCOUNTS

Save on major benefits like dental, vision, chiropractic, travel, and more.

TRU HEALTH GROUP

DIRECT PRIMARY CARE

Our Direct Primary Care (DPC) membership is nationwide and provides unlimited in-office and virtual primary medical care to everyone.[1]

IN-OFFICE PHYSICIAN

Unlimited in-office visits with board-certified physicians for $10 per DPC visit, all designed so that members can see a doctor when needed.[2]

VIRTUAL DPC

Unlimited Virtual DPC access 24/7/365 to bilingual board-certified physicians for $0 out-of-pocket. These physicians are ready to assist with appropriate acute concerns, prescription refills, doctor notes for work, and more.

IN-PERSON URGENT CARE

Unlimited appointments for conditions that require elevated care beyond what is traditionally offered in a primary care physician's office for $25 per visit.[3]

CHRONIC CARE

Through unlimited chronic care access, members can minimize out-of-pocket expenses for those conditions that are within a manageable state for $10 per visit.[4]

PREVENTATIVE CARE

Membership provides an annual physical with basic lab work.[5]

RX MEMBERSHIP

Save on your medications with TRU-RX, and get access to most generic medications for free![6]

DIABETES PROGRAM

Get a free meter, low-cost testing strips, lancets, and more.

$0 PRESCRIPTIONS

Common medications are included, for $0.

MAIL ORDER

Get 90-day refills mailed directly to you.

RX COACHING

Get virtual education and counseling.

DISCOUNTS

- Nationwide discounted lab tests with over 2,200+ approved testing centers through **Grassroots Labs**.
- Savings of up to $4,900 per year with great deals across travel, tickets, electronics & many more categories through the **TRU Discount Marketplace**.
- **WellCard Savings** gives you and your family access to pre-negotiated discounts on prescription drugs and a wide range of health care services including a 24/7 vet, up to 60% off MRI and imaging services, a medical bill advocate, and much more!

THIS BENEFIT IS NOT INSURANCE OF ANY KIND. PLEASE SEE THE IMPORTANT DISCLAIMERS AND NOTICES AT THE END OF THIS BROCHURE.

SEDERA HEALTHSHARE MEMBERSHIP

A FINANCIAL SAFEGUARD FOR BIG MEDICAL EXPENSES

A HealthShare is a community of members who make healthcare expenses more manageable by sharing costs. Members embrace this caring approach by agreeing to live by healthy standards and voluntarily participate by submitting monthly contributions.

MEMBER RESPONSIBILITY

Your Choice

When you have a medical need, you'll pay an Initial Unshareable Amount (IUA), and you'll never pay more than 3 in a year.

- ☐ $1,000 IUA
- ☐ $2,500 IUA
- ☐ $5,000 IUA

WHAT'S SHAREABLE*

- Surgery
- Hospitalization
- Emergency care
- Maternity needs

* These are a few examples of needs that may be eligible for sharing. All sharing decisions are subject to the Member Guidelines. Read them here.

INCLUDED PREVENTIVE CARE

- Annual preventive mammogram for women 40+
- Preventive colonoscopy for members 45+
- Select immunizations for children 0-18

HOW IT WORKS

Step 1.
Contribute funds to the community

Step 2.
Pay your IUA when you have a need

Step 3.
Share medical bills with the community

Step 4.
Enjoy peace of mind as part of a caring community

SEE ANY PROVIDER YOU CHOOSE AND NO ANNUAL SHARING LIMIT

TRU HEALTH GROUP

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SIGN UP TODAY!

TRU-DPC PLUS HEALTHSHARE

- ☑ Unlimited In-Person and Virtual Primary Care
- ☑ Specialty Care
- ☑ In-Person Urgent Care
- ☑ Prescriptions
- ☑ Emergency Care
- ☑ Major Medical Expenses
- ☑ Discounted Services

EASY AS 1 2 3!

1. Contact us to enroll and sign up!
2. Choose your Initial Unsharable Amount (IUA).
3. Enjoy your benefits!

(888) 413-8004

This is NOT insurance. This is not Minimum Essential Coverage. This is a noninsurance program sold as a subscription service. This subscription does not provide reimbursement for any medical expenses.

Offered by TRU Health Group or its affiliates.
Direct Primary Care (DPC) coverage offered by Healthcare2U.

1. Healthcare2U's Direct Primary Care (DPC) is a healthcare membership. DPC is not insurance and does not satisfy ACA minimum essential coverage. Individuals ages 2 to 65 are eligible for Healthcare2U's DPC membership, Dependents under the age of two are not eligible to enroll for Healthcare2U. Dependent children are eligible for membership until the last day of their 25th year. Individuals are eligible for membership until the last day of their 64th year.

2. No walk-ins allowed. Unlimited services must be accessed through Healthcare2U's Patient Advocacy Line (PAL) and all care is provided through our physician network. In-office appointments are only available within business hours (Monday through Friday, 7 AM to 6 PM CST). Applicable visit fees apply. Depending on membership type, the annual physical may only be accessible after six consecutive months of membership.

3. Provided by Healthcare2U. For full notice of privacy practices please visit https://healthc2u.com/notice-of-privacy/

4. Included in the 13 most prevalent chronic conditions are Anxiety, Arthritis, Asthma, Blood Pressure, Fibromyalgia, GERD, Gout, Hypertension, Thyroid, CHF, COPD, Depression, Diabetes.

5. Annual physical includes four labs: complete metabolic panel (CMP), complete blood count (CBC), thyroid stimulating hormone (TSH) and lipid panel.
Not all labs that can be prescribed are included in this program. Provider collection and handling fees may apply, and are subject to health benefit plan provisions, if any.

6. Rx services provided by America's Pharmacy Source. For full federal and state notices and disclaimers, please visit https://americaspharmacysource.com/terms-and-conditions/

7. Lab services provided by Grassroots Labs. For full federal and state notices and disclaimers, please visit https://www.grassrootslabs.com/

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TRU-DPC PLUS SEDERA HEALTHSHARE MEMBERSHIP RATES

5000 IUA

Member Only	Monthly Price
Age 18-29	$232
Age 30-39	$273
Age 40-49	$277
Age 50-59	$354
Age 60-64	$361
Member Spouse	
Age 18-29	$423
Age 30-39	$518
Age 40-49	$523
Age 50-59	$682
Age 60-64	$691
Member Children	
Age 18-29	$495
Age 30-39	$590
Age 40-49	$598
Age 50-59	$757
Age 60-64	$766
Member Family	
Age 18-29	$757
Age 30-39	$854
Age 40-49	$865
Age 50-59	$1,094
Age 60-64	$1,108

2500 IUA

Member Only	Monthly Price
Age 18-29	$273
Age 30-39	$306
Age 40-49	$310
Age 50-59	$459
Age 60-64	$470
Member Spouse	
Age 18-29	$518
Age 30-39	$586
Age 40-49	$594
Age 50-59	$828
Age 60-64	$841
Member Children	
Age 18-29	$590
Age 30-39	$661
Age 40-49	$669
Age 50-59	$905
Age 60-64	$917
Member Family	
Age 18-29	$944
Age 30-39	$960
Age 40-49	$973
Age 50-59	$1,253
Age 60-64	$1,270

1000 IUA

Member Only	Monthly Price
Age 18-29	$360
Age 30-39	$403
Age 40-49	$409
Age 50-59	$542
Age 60-64	$553
Member Spouse	
Age 18-29	$698
Age 30-39	$743
Age 40-49	$753
Age 50-59	$1,000
Age 60-64	$1,017
Member Children	
Age 18-29	$773
Age 30-39	$817
Age 40-49	$827
Age 50-59	$1,079
Age 60-64	$1,093
Member Family	
Age 18-29	$1,130
Age 30-39	$1,146
Age 40-49	$1,162
Age 50-59	$1,546
Age 60-64	$1,566

PRICING DOES NOT INCLUDE A ONE-TIME $20 ENROLLMENT FEE